

Bliss Fitness and Wellbeing

Become your best self

Service Agreement. (client copy)

By signing this form you agree to the below conditions.

Agreement between Bliss Fitness and Wellbeing ABN 20 997 148 153 and:

Name -

Date -

Phone number -

Email address -

Services

Bliss Fitness and Wellbeing supplies you exercise services (the Services) for the purpose of your engagement in activities (the Activity) as follows:

Activity – personal training

Frequency –

Commencement date –

Location – Bliss Fitness and Wellbeing 21 Glenheath Ave Kellyville Ridge

Monthly investment –

Commitment period –

Cancellations

24 hours' notice is required to reschedule a session. Up to 6 sessions can be 'banked' at any time if 24 hours' notice is provided. If less than 24 hours' notice is given, the session will be forfeited. If you are 10 minutes late for a session, it will still end at the pre-arranged time. If you are more than 15 minutes late, the session is forfeited.

Refund policy

There are no refunds for missed or cancelled sessions.

Fitness

You agree that you have undertaken Stage 1 assessment of the Adult Pre-Exercise Screening Tool and that you are fit to engage in the Activity. You agree that if your circumstances change and you become unfit to engage in the Activity that you alert Bliss Fitness and Wellbeing immediately.

Consent

You consent to engaging in the Activity.

Risk Warning

You acknowledge that you are exposed to risks of personal injury or death when engaging in the Activity.

Waiver

You agree that you engage in the Activity at your own risk.

Payment

You pay monthly in advance for the supply of the Services via automatic direct debit through PayPal. A minimum of 4 weeks' notice is required to cancel your direct debit. Any dishonor fees are your responsibility.

Signed..... [your name]

Signed[on behalf of Bliss Fitness and Wellbeing]

0417 289 965

sarah@blissfitnwell.com.au

www.blissfitnwell.com.au

ABN: 20 997 148 153

NDIS registered provider: 53395711



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Privacy Policy.

- Bliss Fitness and Wellbeing collects a participant's name, address, phone number, email address, date of birth, measurements, previous and current medical history.
- Personal information is obtained via a secure online questionnaire and Word document. Information is stored on a private computer.
- The purpose for collecting and storing the information is to learn about the participant.
- An individual can enquire about/correct information held by calling 0417 289 965 or emailing sarah@blissfitnwell.com.au.
- An individual can complain about a breach of privacy and how Bliss Fitness and Wellbeing will deal with the breach by contacting Sarah (owner) on 0417 289 965 or at sarah@blissfitnwell.com.au.
- Bliss Fitness and Wellbeing will not disclose information to overseas parties.
- A participant has the option to remain anonymous or use a pseudonym.
- Bliss Fitness and Wellbeing will only collect information when necessary.
- Bliss Fitness and Wellbeing will always notify a participant when collecting and storing information.
- Bliss Fitness and Wellbeing only uses personal information for the purpose it was collected for. When no longer needed the information is disposed of accordingly (after 7 years).
- Bliss Fitness and Wellbeing never uses personal information for the purpose of direct marketing, unless advised that the participant is happy for this to happen. Participants can unsubscribe from receiving marketing material at any time.
- Bliss Fitness and Wellbeing takes all steps to protect information from misuse or interference, particularly in terms of cyber risks.

Complaints.

For questions, concerns or complaints, please don't hesitate to contact me. The Privacy Policy and Terms and Conditions can be found on my website at www.blissfitnwell.com.au/terms-conditions.

e: sarah@blissfitnwell.com.au
m: 0417 289 965
w: blissfitnwell.com.au
f: facebook.com/blissfitnwell

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